

111TH CONGRESS
1ST SESSION

H. R. 3197

To direct the Secretary of Education to provide grants to local educational agencies to conduct demonstration projects to screen the blood pressure of children in kindergarten through grade 6.

IN THE HOUSE OF REPRESENTATIVES

JULY 14, 2009

Mrs. MCMORRIS RODGERS introduced the following bill; which was referred to the Committee on Education and Labor

A BILL

To direct the Secretary of Education to provide grants to local educational agencies to conduct demonstration projects to screen the blood pressure of children in kindergarten through grade 6.

1 *Be it enacted by the Senate and House of Representa-*
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Kids With Healthy
5 Hearts Act of 2009”.

1 **SEC. 2. DEMONSTRATION PROJECT FOR HYPERTENSION**
2 **SCREENING.**

3 (a) IN GENERAL.—The Secretary of Education shall
4 provide a total of 5 grants to local educational agencies
5 (as defined in section 9101 of the Elementary and Sec-
6 ondary Education Act of 1965 (20 U.S.C. 7801)) to con-
7 duct demonstration projects to screen the blood pressure
8 of children in kindergarten through grade 6 to identify
9 those children with hypertension or early signs of hyper-
10 tension.

11 (b) USE OF FUNDS.—To receive a grant for a dem-
12 onstration project under this section, an applicant shall
13 certify to the Secretary the following:

14 (1) The screening program will be voluntary.

15 (2) Subject to parental permission, children
16 participating in the program shall be screened every
17 6 months during the academic year under the super-
18 vision of a licensed school nurse.

19 (3) When screening children, the applicant will
20 use the most recent hypertension guidelines pub-
21 lished by the National Heart, Lung, and Blood In-
22 stitute.

23 (4) One month after the initial screening, chil-
24 dren who fall in the 95th percentile or above for stu-
25 dents with high blood pressure will be screened
26 again.

1 (5) After a second screening, the applicant will
2 provide the parents of those children who remain in
3 the 95th percentile or above for students with high
4 blood pressure the following:

5 (A) A referral from a licensed school nurse
6 to a health care provider that can consult with
7 the parents about high blood pressure.

8 (B) Written information provided by the
9 Department of Health and Human Services re-
10 garding the risks of hypertension and how to
11 implement lifestyle changes related to diet and
12 exercise to improve overall health.

13 (c) SELECTION OF GROUPS AT HIGH RISK FOR HY-
14 PERTENSION.—In selecting grant recipients under this
15 section, the Secretary shall give preference to at least one
16 local educational agency with a high percentage of Native
17 American, Latino, or African-American students.

18 (d) EVALUATION.—Not later than 1 year after the
19 completion of the demonstration projects carried out
20 under this Act, the Secretary shall submit to the Congress
21 a report containing—

22 (1) an evaluation of the success of the dem-
23 onstration projects carried out under this Act;

1 (2) information on the blood pressure informa-
2 tion taken and the number of referrals made under
3 subsection (b)(5)(A); and

4 (3) for each local educational agency receiving
5 a grant under this Act, specific educational rec-
6 ommendations for such agency in the areas of nutri-
7 tion, physical activity, and overall health.

8 (e) AUTHORIZATION OF APPROPRIATIONS.—For pur-
9 poses of carrying out this Act, there are authorized to be
10 appropriated such sums as may be necessary for each of
11 fiscal years 2010, 2011, and 2012.

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